

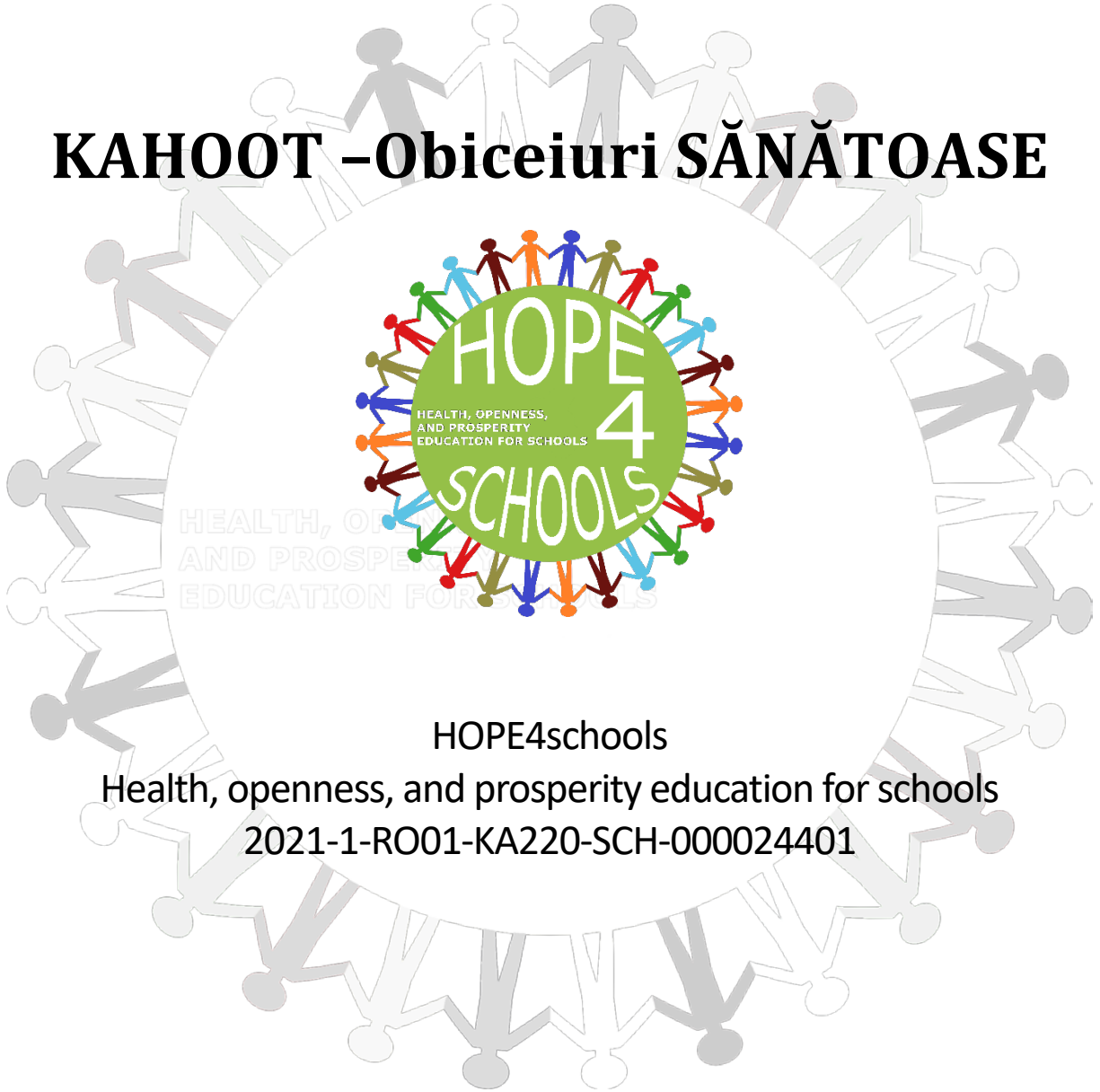


GREEK MINISTRY OF EDUCATION
AND RELIGIOUS AFFAIRS
REGIONAL DIRECTORATE OF PRIMARY
AND SECONDARY EDUCATION
OF WESTERN MACEDONIA



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KAHOOT – Obiceiuri SĂNĂTOASE



HOPE4schools

Health, openness, and prosperity education for schools

2021-1-RO01-KA220-SCH-000024401



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Accesați kahoot la următorul link.

Copiați-l, creați-vă propriul joc și apoi utilizați-l.

Puteți să-l traduceți în limba dvs. sau să-l modificați și să adăugați mai multe întrebări, dacă doriți.

Distracție plăcută!

<https://create.kahoot.it/details/5453a3c5-bad7-4a8d-997b-cc6d741e70bf>



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Kahoot!

Healthy Habits

Healthy Habits

0 plays · 0 players

A public kahoot



Questions (14)

1 - Quiz

How many hours of sleep do you need every night?



2 - Quiz

What is the EASIEST way to be healthy?



3 - Quiz

True or False: Smoking cigarettes is good for you.



4 - Quiz

How many times a day should you brush your teeth?



5 - Quiz

What is an example of a healthy food?



6 - Quiz

How many cups of water should you drink every day?



7 - Quiz

How often should you (a normal person) exercise?



8 - Quiz

True or False: Sunblock causes skin cancer.



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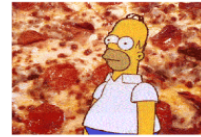
9 - Quiz

What do you need to be healthy?

**HEALTHY
AND
HAPPY :)**

10 - Quiz

Is it okay to eat unhealthy foods (McDonald's, pizza, kebab)?



11 - Quiz

True or False: Vaccines are important.



12 - Quiz

How many hours a day should you spend on the computer/watching TV/playing videogames?



13 - Quiz

What can you do if you feel stressed?



14 - Quiz

True or False: You should always wear a seatbelt when travelling by car.



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